



Rokeby Park Primary School PSHE LTP



Date		EYFS		Year 1		Year 2		Year 3		Year 4		Year 5		Year 6
Autumn 1	Sensational Season	Being Me in my world Who am I? Understanding own identity and how I fit well in the class, school, and global community	"If you go down to the woods today..."	Being Me in my world Who am I? Understanding own identity and how I fit well in the class, school, and global community	Plagues, Puss and Inferno	Being Me in my world Who am I? Understanding own identity and how I fit well in the class, school, and global community	Land before time	Being Me in my world Who am I? Understanding own identity and how I fit well in the class, school, and global community	The Empire strikes Back!	Being Me in my world Who am I? Understanding own identity and how I fit well in the class, school, and global community	Up the Chimneys, Down the mines	Being Me in my world Who am I? Understanding own identity and how I fit well in the class, school, and global community	Around the World in 80 Days	Being Me in my world Who am I? Understanding own identity and how I fit well in the class, school, and global community
Autumn 2		Celebrating Differences Understanding diversity, respect, anti-bullying including cyber and homophobic bullying		Celebrating Differences Understanding diversity, respect, anti-bullying including cyber and homophobic bullying		Celebrating Differences Understanding diversity, respect, anti-bullying including cyber and homophobic bullying		Celebrating Differences Understanding diversity, respect, anti-bullying including cyber and homophobic bullying		Celebrating Differences Understanding diversity, respect, anti-bullying including cyber and homophobic bullying				
Spring 1	Down on the Farm	Dreams and Goals Achievement, goal setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society	Once upon a Time	Dreams and Goals Achievement, goal setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society	Into the Blue	Dreams and Goals Achievement, goal setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society	Location, Location, Location	Dreams and Goals Achievement, goal setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society	Cloud to coast	Dreams and Goals Achievement, goal setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society	Land, Sea and Space	Dreams and Goals Achievement, goal setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society	Journeys and Justice	Dreams and Goals Achievement, goal setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society
Spring 2		Healthy Me Body and mind, drugs and alcohol education, self-esteem, confidence, healthy lifestyles, sleep, nutrition, rest, and exercise		Healthy Me Body and mind, drugs and alcohol education, self-esteem, confidence, healthy lifestyles, sleep, nutrition, rest, and exercise		Healthy Me Body and mind, drugs and alcohol education, self-esteem, confidence, healthy lifestyles, sleep, nutrition, rest, and exercise		Healthy Me Body and mind, drugs and alcohol education, self-esteem, confidence, healthy lifestyles, sleep, nutrition, rest, and exercise		Healthy Me Body and mind, drugs and alcohol education, self-esteem, confidence, healthy lifestyles, sleep, nutrition, rest, and exercise				
Summer 1	Bears and Beasts	Relationships Friends, family and other relationships, conflict resolution and communication skills, bereavement and loss	Beside the Seaside	Relationships Friends, family and other relationships, conflict resolution and communication skills, bereavement and loss	Ready, Steady, Grow	Relationships Friends, family and other relationships, conflict resolution and communication skills, bereavement and loss	From bean to bar	Relationships Friends, family and other relationships, conflict resolution and communication skills, bereavement and loss	By the power of Ra!	Relationships Friends, family and other relationships, conflict resolution and communication skills, bereavement and loss	Raiders, Traders and Invaders	Relationships Friends, family and other relationships, conflict resolution and communication skills, bereavement and loss	Bullets, Bombs and Blitz	Relationships Friends, family and other relationships, conflict resolution and communication skills, bereavement and loss
Summer 2		Changing Me Change, transition, relationships and Sex Education		Changing Me Change, transition, relationships and Sex Education		Changing Me Change, transition, relationships and Sex Education		Changing Me Change, transition, relationships and Sex Education		Changing Me Change, transition, relationships and Sex Education				