



# Rokeby Park Primary School Newsletter



## Summer Term 1

**Year 1** This half term year 1 have been learning about the fantastic Roald Dahl story of The BFG. We have written character descriptions about the BFG using lots of wonderful adjectives. We have also explored the Queen within history and learned lots of interesting facts about her. In art we have looked at the artwork of Kandinsky and his use of abstract art. We also learned about the primary and secondary colours and created our own colour wheels .

**Year 2** have settled back in so well and Mrs Clark is really proud of how everyone has adapted, even though she couldn't be in school with everyone. She is looking forward to returning after the Easter Holidays! Year 2 have had lots of fun investigating levers and sliders in their D&T project these last few weeks and have created some fabulous Easter Cards that we hope you enjoy. They have had great fun learning the class Easter song too so look out for the performance on all of the school's social media platforms.

**Year 3** In Year 3 we have been enjoying our PE lessons outside. We have been challenging ourselves to be our personal bests, whilst also developing our teamwork skills. We have been learning about Easter in RE. We have been learning about the symbols we see at Easter time and what they represent. We really enjoyed performing our Easter song too! We really enjoyed Science week and learnt about the skills and qualities different scientists have. We learned that so many jobs are in the STEM industry and lots of us had super ideas about what jobs we would like to do in the future. In Science week we also designed our own Robo-bugs and thought about how germs spread. We really enjoyed our practical, investigative activities. Our natural disasters topic has been really interesting, and we have learnt lots about how and why volcanoes and earthquakes happen.

**Year 4** Year 4 have been busy over the spring half term. They have enjoyed joining in with the Blue Cross talk about Pets and Well being. They have worked hard in the bubble and completing remote learning. World Book Day was an excellent day where everyone shared their favourite books and dressed as heroes. The author of Knock Knock superhero came for a virtual visit and the river and canal trust also came to visit virtually to deepen knowledge of rivers. The Year 4s have been learning how to write a suspense paragraph and have enjoyed reading the class text Varjak Paw. Comic Relief was lots of fun as we got to share our favourite jokes.

**Year 6** Y6 have settled in well and have really enjoyed their WW2 topic immersing themselves in the historical content as well as stories set in that era. We have also been learning about electricity, building our own circuits, and working scientifically to investigate what happens when we alter the components within our circuits. In PE, we've been focusing on our fitness and working as a team again and there have been some really funny PE lessons in some interesting weather conditions!

**Year 5** Although a short term, year 5 have settled back into the classroom and have been very busy! We have welcomed many virtual visitors into our classroom including Dr Kelly Dockery (a scientist from Hull University) as part of British Science Week; the Canal Trust taught a lot about rivers and canals and why people settle near water; and our local vicar Steve Wilcox joined us to re-tell the Easter story. We have also spent time looking at poetry as part of National Poetry Day. Miss Ireland and Mrs Duffield wish you all a safe and Happy Easter!

**EYFS** In foundation we have been learning about the jungle. Our story has been 'Monkey Puzzle' and we have matching animals to their babies. We created some lovely animal art, exploring the prints and textures of various jungle animals. We recreated some jungle sounds using our musical instruments such as the hiss of a snake or the shriek of a parrot. At the end of the term we have been learning all about Easter. We tried some delicious hot cross buns, sang some songs and completed our own Easter Bonnet Parade.

### Comic Relief

For Red Nose Day it was great to see everyone dressing to 'Make Us Smile' we raised a grand total of **£103.15**.





## IMPORTANT DATES FOR YOUR DIARY

The school will close for Easter on **26th March** and reopen on Tuesday **13th April**.

The school will be closed on **Monday 3rd May** for May Day.

The school will close on **28th May** for half term and reopen on **7th June**.

The school will close for summer holidays on **Friday 23rd July 2021**.



### Health and wellbeing

Anxiety is normal. It is how our body prepares when faced with stress. It is the release of hormones adrenaline & cortisol ready for us to fight, flight or freeze in response to a situation. It is when it is affecting our everyday lives that we need to look at coping methods. These can be used by adults and children alike and can be as simple as taking some deep breaths, taking some time out or naming objects in the room that you can see, smell or feel. This is called grounding. Below are some links to helpful websites, blogs and books that can help.



Childline has some amazing information that you and your child can look through together. They have a section explaining what anxiety is, and methods for dealing with it.

<https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/anxiety/>

This is a useful link to mental health family hour: Young people's mental health in 2021. They cover lots of different topics each month that children can face in this day and age, but this particular episode is looking at anxiety.

<https://youtu.be/2v8aGkxdjCA>

Stories for children that you can read to your child/ren or that they can read themselves.

- ⇒ The Huge Bag of Worries
- ⇒ The Worrysaurus
- ⇒ Don't Worry, Be Happy: a Child's Guide to Overcoming Anxiety
- ⇒ Other storybooks on the theme of worries and anxiety
- ⇒ CCEF's 'Good news for little hearts' series of stories featuring emotions including anxiety, failure, anger

**POLITE REMINDER:** Due to children with nut allergies within the school, please make sure that no nut products are brought in to the school in your child's packed lunch.



### Next Half Term

Year 3 After Easter we will be designing and making their own smoothies!

Year 5 Next half term we will be focusing on the Victorians - we have lots planned and cannot wait to immerse the children in our new topic when we return!

Year 2 When we return after Easter, we are beginning our next topic titled 'Ready, Steady, Grow!' Year 2 will also be learning about our local area, UK wildlife and all things that grow in the ground.

## Need Support?

We are Hull and East Yorkshire Mind - your local mental health charity. We won't give up until everyone experiencing a mental health problem gets both support and respect.

If you, or someone you know is struggling with poor mental health, please get in touch. We are here to provide information, advice and support - 24 hours a day, 7 days a week.

We are available today, tomorrow and in the future.

**Freephone:** 0800 1380990

**Tel:** 01482 240133 / **Text:** 07520 633447

**Email:** [info@heyhound.org.uk](mailto:info@heyhound.org.uk) / **Website:** [heyhound.org.uk](http://heyhound.org.uk)

Please note that our information line is not a crisis support service. If you are in a crisis, please call the Mental Health Response Service on 01482 301701 (24 hours).



Hull and East Yorkshire



**Safeguarding** If you have any concerns regarding safeguarding, please contact Mrs Chaytor or Mrs Gawthorpe Alternatively, you can make a referral yourself by following the procedure on the Hull Safeguarding Children Board <http://www.hullcc.gov.uk/portal/>