September 2020 Limted Options Lunch Menu for the Primary Partners V3

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| **Week 1** |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Main Courses** | **Sirius Street Food** | **Sirius Great British Menu** | **Sirius Carvery** | **Sirius Curry Theme** | **Sirius Favourites** |
| **Main Option 1** | **Hilcona Penne Pasta in Tomato Sauce with Cheese** 2,7Served with Garlic Bread. 2(Served in Squat Pot)(Vegan alteternative on request) | **Bangers & Mash (Chicken Sausages)** 2,4,7,14Served with Mashed Potato 7, Garden Peas & Gravy.(Served in 3 compartment meal tray)(Vegan alteternative on request) | **Roast Chicken with Yorkshire Pudding** 2,4,7 **and Sage & Onion Stuffing** 2Served with New or Roast Potatoes Seasonal Vegetables & Gravy.(Served in 3 compartment meal tray)(Vegetarian alteternative on request) | **Chicken Korma** 7 Served with Brown/White Rice and Naan Bread. 2,7(\***GF** if served without a Naan Bread)(Served in 3 compartment meal tray)(Vegan alteternative on request) | **Rosie & Jim Chicken Goujons GF** Served with Chips.Vegan Fishless Fillet **VG** 2(Served in small burger box) |
| Alternative Lunch Option  | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). |
|  | Please choose only **one** lunch option and inform catering staff of any specilist dietary requirements. | Please choose only **one** lunch option and inform catering staff of any specilist dietary requirements. | Please choose only **one** lunch option and inform catering staff of any specilist dietary requirements. | Please choose only **one** lunch option and inform catering staff of any specilist dietary requirements. | Please choose only **one** lunch option and inform catering staff of any specilist dietary requirements. |
| Bread  | Garlic Bread. 2 | N/A | N/A | Naan Bread 2 | N/A |
| **Desserts** | Please choose only **one** dessert option. | Please choose only **one** dessert option. | Please choose only **one** dessert option. | Please choose only **one** dessert option. | Please choose only **one** dessert option. |
| **Main Dessert**(Fruit Option) | **Del Monte Fruit Bags or Fruit Pots**  | **Del Monte Fruit Bags or Fruit Pots**  | **Del Monte Fruit Bags or Fruit Pots**  | **Del Monte Fruit Bags or Fruit Pots**  | **Del Monte Fruit Bags or Fruit Pots**  |
| Alternative Dessert Options | Yoghurt 7 **V** | Jelly **V** | Delight (Whip) 7 **V** | Wicked Chocolate Brownie Bar 2,4,7,13 **V** | Choc Ice 7,13 **V** |
| **The Food Information Regualtion 2014 - Provision of allergen information****If you have any allergies or food intolerances, please disclose to a member of the catering staff, who will then advise you of options that are appropriate for your needs.**  |

             

 1 Celery 2 Gluten 3 Crustaceans 4 Eggs 5 Fish 6 Lupine 7 Milk 8 Molluscs 9 Mustard 10 Nuts 11 Peanuts 12 Sesame 13 Soya 14 Sulphates

Fruit is the main dessert option. Milk or water is served with all meal meals.

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**V** – Suitable for Vegetarians **VG** – Suitable for vegans **GF** – Gluten Free

**Menu options are subject to change. All food will be served in sealed packaging. All packaging is composatable, apart from the black segmented meal containers.**

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| **Week 2** |

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Main Courses** | **Sirius Street Food** | **Sirius Great British Menu** | **Sirius Carvery** | **Sirius Curry Theme** | **Sirius Fish & Chips** |
| **Main Option 1** | **Homemade Margherita Pizza V** 2,7Served with Seasoned Wedges. 2(Served in small burger box) | **All Day Breakfast**Chicken Sausages 2,14 or Vegetable Sausages **VG** 2,Served with ½ an Omelette 4,7 Hashbrown & Baked Beans.(Served in 3 compartment meal tray) | **Roast Chicken with Yorkshire Pudding** 2,4,7 **and Sage & Onion Stuffing** 2Served with New or Roast Potatoes Seasonal Vegetables & Gravy.(Served in 3 compartment meal tray)(Vegetarian alteternative on request) | **Mild Chicken Curry** (Knorr Curry Mix)Served with Brown/White Rice and Naan Bread. 2,7(\***GF** if served without a Naan Bread)(Served in 3 compartment meal tray)(Vegan alteternative on request) | **Battered White Fish** 2,5,9Served with Chips.Vegan Fishless Fillet **VG** 2(Served in small burger box) |
| Alternative Lunch Option  | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). |
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| Bread | N/A | N/A | N/A | Naan Bread 2 | N/A |
| **Desserts** | Please choose only **one** dessert option. | Please choose only **one** dessert option. | Please choose only **one** dessert option. | Please choose only **one** dessert option. | Please choose only **one** dessert option. |
| **Main Dessert**(Fruit Option) | **Del Monte Fruit Bags or Fruit Pots**  | **Del Monte Fruit Bags or Fruit Pots**  | **Del Monte Fruit Bags or Fruit Pots**  | **Del Monte Fruit Bags or Fruit Pots**  | **Del Monte Fruit Bags or Fruit Pots**  |
| Alternative Dessert Options | Yoghurt 7 **V** | Jelly **V** | Delight (Whip) 7 **V** | Wicked Chocolate Brownie Bar 2,4,7,13 **V** | Choc Ice 7,13 **V** |
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Fruit is the main dessert option. Milk or water is served with all meal meals.

**V** – Suitable for Vegetarians **VG** – Suitable for Vegans **GF** – Gluten Free

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September 2020 Limted Options Lunch Menu for the Primary Partners V3

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| **Week 3** |

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Main Courses** | **Sirius Street Food** | **Sirius Great British Menu** | **Sirius Carvery** | **Sirius Curry Theme** | **Sirius Fish & Chips** |
| **Main Option 1** | **Wholemeal Panini - Mozarrella & Cheddar V** 2,7Served with Seasoned Wedges. 2(Served in small burger box) | **Chicken in Gravy Pie** 2,4 Served with Mixed Vegetables & Gravy.(Served in 3 compartment meal tray)(Vegetarian alteternative on request) | **Roast Chicken with Yorkshire Pudding** 2,4,7 **and Sage & Onion Stuffing** 2Served with New or Roast Potatoes Seasonal Vegetables & Gravy.(Served in 3 compartment meal tray)(Vegetarian alteternative on request) | **Chicken Tikka** 7Served with Brown/White Rice and Naan Bread 2,7(Served in 3 compartment meal tray)(Vegetarian alteternative on request) | **Cod Fish Finger Goujons** 2,5Served with Chips.Vegan Fishless Fillet **VG** 2(Served in small burger box) |
| Alternative Lunch Option  | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). | Packed lunch bag - Half & Half Sliced Bread. 2,7(cheese or ham). |
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| Bread | N/A | N/A | N/A | Naan Bread 2 | N/A |
| **Desserts** | Please choose only **one** dessert option. | Please choose only **one** dessert option. | Please choose only **one** dessert option. | Please choose only **one** dessert option. | Please choose only **one** dessert option. |
| **Main Dessert**(Fruit Option) | **Del Monte Fruit Bags or Fruit Pots**  | **Del Monte Fruit Bags or Fruit Pots**  | **Del Monte Fruit Bags or Fruit Pots**  | **Del Monte Fruit Bags or Fruit Pots**  | **Del Monte Fruit Bags or Fruit Pots**  |
| Alternative Dessert Options | Yoghurt 7 **V** | Jelly **V** | Delight (Whip) 7 **V** | Wicked Chocolate Brownie Bar 2,4,7,13 **V** | Choc Ice 7,13 **V** |
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