

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
OPTION 1	Sausages in gravy (14) creamed potato (7) Seasonal Vegetables	Pasta Bolognese (2,7) Seasonal Vegetables	Chicken tikka (7,9) with rice Seasonal Vegetables or Salad home made naan bread (2,7)	Roast Turkey, Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables
For Allergens see numbers in brackets next to each dish and refer to the table below				
OPTION 2	Vegetarian sausage in gravy (2,13,14) creamed potato (7) Seasonal Vegetables	Macaroni Cheese (1,2,7,9) Seasonal Vegetables	Quorn southern coated Goujons (2,4,7) baby potatoes Seasonal Vegetables or Salad	Vegetable Tart (1,2,4,7) Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables
OPTION 3	filled rolls, wraps & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Dessert of the day	filled rolls, wraps & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Dessert of the day	filled rolls, wraps & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit Yoghurt (7) Dessert of the day	filled rolls, wraps & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit yoghurt (7) Dessert of the day
DESSERT CHOICE	Wholemeal plum and vanilla crumble(2,7) served with custard (4,7) Fruit platter,yoghurts (7) Fruit fools (7) or fruit jelly	Chocolate crunch (2,4,7) with pink custard (7) Fruit platter Fruit fool (7) or fruit jelly	Sponge fruit roll (2,4,7) with custard (4,7) Fruit platter Fruit fool (7) or fruit jelly	Banana bread (2,4,7) Yoghurt (7) Fruit platter Fruit fool (7) or Jelly

VEGETARIAN (V)

We also offer filled jacket potatoes (4,5,7,9), unlimited vegetables and salad to accompany meals as well as fresh baked bread (2,4,7)
Fresh water or milk to drink (7)

ALLERGENS



1 Celery



3 Crustaceans



5 Fish



7 Milk



9 Mustard



11 Peanuts



2 Cereals containing gluten



4 Eggs



6 Lupin



8 Molluscs



10 Nuts



12 Sesame seeds