

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
OPTION 1	Tuna pasta bake (2,5,9) or Cheese and tomato pasta bake (1,2,7) Seasonal vegetables	Chicken pie in puff pastry (1,2,5,7) Seasonal Vegetables Creamed potato (2)	Bacon sausage egg (4,7,14) baked beans, tomatoes mushrooms wholemeal baked bread (2,4,7)	Roast chicken Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables
For Allergens see numbers in brackets next to each dish and refer to the table below				
OPTION 2	Cheese omelette (free range)(4,7) Boiled potatoes Seasonal Vegetables	Vegetable pie in puff pastry (1,2) Creamed potato (2) Seasonal Vegetables	Quorn sausage, egg, mushrooms Baked beans, tomatoes (2,4,13,14) Mushrooms Wholemeal Baked Bread (2,4,7)	Quorn Chicken (4) Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables
OPTION 3	Filled rolls, wraps & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Cold dessert of the day	Filled rolls, wraps & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Cold dessert of the day	Filled rolls, wraps & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit Yoghurt (7) Cold dessert of the day	Filled rolls, wraps & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit yoghurt (7) Cold dessert of the day
DESSERT CHOICE	Orange sponge (2,4,7) served with chocolate sauce (7) Fruit platter, yoghurts (7) Fruit foos (7) or fruit jelly	Banango cake (2,4,7) Yoghurt (7) Fruit platter Fruit fool (7) or fruit jelly	Fruit, Yoghurt and granola (2,7,14) Fruit platter Fruit fool (7) or fruit jelly	Cheese portion and fruit (2,4,7) Yoghurt (7) Fruit platter Fruit fool (7) or Jelly

VEGETARIAN (V)

We also offer filled jacket potatoes (4,5,7,9), unlimited vegetables and salad to accompany meals as well as fresh baked bread (2,4,7)
Fresh water or milk to drink (7)

ALLERGENS



Celery



Crustaceans



Fish



Milk



Mustard



Peanuts



Cereals containing gluten



Eggs



Lupin



Molluscs



Nuts



Sesame seeds